Why normal distribution's integral is 1?

SML: Stochastic Calculus (Fall 23) Low Qiuling

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The Gaussian distribution. The most well-known distribution of continuous values of all. Also known as the *normal distribution* or the *bell curve*, we have taken for granted that its integral is 1, and just apply the formula. Let's take a look and see how to derive it.

Exercise 1.2.5. For $\sigma > 0$ and $\bar{x} \in \mathbb{R}$, set $\pi : \mathbb{R} \mapsto [0, \infty)$ by

$$\pi(x) := \frac{1}{\sigma\sqrt{2\pi}} \exp\left(-\frac{1}{2\sigma^2}(x-\bar{x})^2\right)$$

Check that $\int \pi(x) dx = 1$.

Proof. In this method, we shall introduce change-of-variable, particularly to apply *polar coordinates*. Let $w = \frac{x - \bar{x}}{\sigma}$ and $\int \pi(x) dx =: I$,

$$I = \int_{-\infty}^{\infty} \frac{1}{\sigma\sqrt{2\pi}} \exp\left(-\frac{1}{2}\left(\frac{x-\bar{x}}{\sigma}\right)^2\right) dx$$
$$= \int_{-\infty}^{\infty} \frac{1}{\sqrt{2\pi}} \exp\left(-\frac{1}{2}w^2\right) dw.$$

Square both side, we get

$$\begin{split} I^2 &= \left(\int_{\infty}^{-\infty} \frac{1}{\sqrt{2\pi}} \exp\left(-\frac{x^2}{2}\right) \, dx\right) \left(\int_{\infty}^{-\infty} \frac{1}{\sqrt{2\pi}} \exp\left(-\frac{y^2}{2}\right) \, dy\right) \\ &= \frac{1}{2\pi} \iint \exp\left(-\frac{x^2}{2}\right) \exp\left(-\frac{y^2}{2}\right) \, dxdy \\ &= \frac{1}{2\pi} \iint \exp\left(-\frac{1}{2} \left(x^2 + y^2\right)\right) \, dxdy. \end{split}$$

Using polar coordinates with $x = r \cos \theta$ and $y = r \sin \theta$ with adding the Jacobian, we obtain

$$I^{2} = \frac{1}{2\pi} \int_{0}^{2\pi} \left(\int_{0}^{\infty} \exp\left(-\frac{r^{2}}{2}\right) r \, dr \right) \, d\theta.$$

Another change-of-variables with $u = \frac{r^2}{2}$ and du = rdr, so now our integral becomes

$$I^{2} = \frac{1}{2\pi} \int_{0}^{2\pi} \left(\int_{0}^{\infty} e^{-u} \, du \right) \, d\theta$$
$$= \frac{1}{2\pi} \int_{0}^{2\pi} \left(e^{-u} \Big|_{0}^{\infty} \right) \, d\theta$$
$$I^{2} = \frac{1}{2\pi} \int_{0}^{2\pi} -(0-1) \, d\theta$$
$$= \frac{1}{2\pi} \int_{0}^{2\pi} d\theta$$
$$= \frac{1}{2\pi} (2\pi)$$
$$= 1.$$

Since $I^2 = 1$, this implies I = +1 or I = -1. Thus, we need to show that in order for $I = \int \pi(x) dx = 1$, $\pi(x)$ is strictly positive. This is easy. Looking at

$$\pi(x) = \frac{1}{\sigma\sqrt{2\pi}} \exp\left(-\frac{1}{2\sigma^2}(x-\bar{x})^2\right)$$

We know that standard deviation, σ is positive. $\sqrt{2\pi}$ is also positive. In addition, the natural exponential function is positive. Thus, multiplying the positive terms together will still yield positive terms only.

Therefore, $\pi(x) > 0$ and so,

$$\int \pi(x) \, dx = 1.$$